

## 蕭心怡副教授

### Hsinyi (Cindy) Hsiao, Ph.D., MBA, MSc

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Dean, Office of International Affairs 國際長

Associate Professor, Department of Social Work 社工系副教授

Tzu Chi University 慈濟大學

hsinyihs87@gms.tcu.edu.tw

#### **EDUCATION**

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| 2013 | PhD, Social Work, University of Southern California                          |
| 2006 | MBA, San Francisco State University, San Francisco                           |
| 2000 | MSc, Marketing, University of Birmingham, United Kingdom                     |
| 1997 | BA, Foreign Language and Literature, National Chung Cheng University, Taiwan |

#### **ACADEMIC POSITIONS**

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| 2019-2023  | Dean, Office of International Affairs (OIA), Tzu Chi University, Taiwan   |
| 2020-      | Associate professor, Department of Social Work, Tzu Chi University  |
| 2019-2020  | Director, English Education Center, Tzu Chi University, Taiwan  |
| 2019-2020  | Department chair, Department of English Language and Literature, International College, Tzu Chi University, Taiwan  |
|            | Associate professor, International College, Tzu Chi University, Taiwan  |
| 2017 -2019 | Research Associate Professor, Suzanne Dworak-Peck School of Social Work, University of Southern California          |
| 2014 -2017 | Research Assistant Professor, Suzanne Dworak-Peck School of Social Work, University of Southern California          |
| 2013- 2014 | Visiting Clinical Assistant Professor, Suzanne Dworak-Peck School of Social Work, University of Southern California |

#### **SUB-FIELDS AND AREAS OF RESEARCH**

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Health and mental health; Mobile technology for social good; Cross-cultural studies; Work and life balance; Social and environmental sustainability; Mixed methods (qualitative/quantitative studies)

#### **HONORS AND AWARDS**

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| 2023 | 111 年慈濟大學論文獎   |
| 2022 | 第八屆亞洲健康識能最佳口頭報告論文獎<br>Best Oral Presentation Award at 8 <sup>th</sup> Asian Health Literacy Association International Conference |
|      | 110 年慈濟大學論文獎   |

- 2020 108 年慈濟大學論文獎
- 2018 Nobuo Maeda International Research Award, American Public Health Association
- 2017 Mary Parker Follett Award for Outstanding Theory-Informed Research, Human Service Organizations: Management, Leadership & Governance
- 2016 2016 Early Career Work and Family Fellowship, Work and Family Researchers Network, University of Pennsylvania
- 2014 Faculty Award for Intergenerational Mobile Technology Opportunities Program in Taiwan, Tsai Family Research Fund for Taiwan Studies, East Asian Studies Center, University of Southern California
- 2012–2013 Graduate Assistant Award, Suzanne Dworak-Peck School of Social Work & Inter-University Consortium, University of Southern California
- 2012 Tsai Family Research Fund for Taiwan Studies, East Asian Studies Center, University of Southern California
- 2011 Doctoral Student Summer Research Fellowship, Hamovitch Center for Science in the Human Services, University of Southern California
- 2007–2011 Graduate Scholarship, Suzanne Dworak-Peck School of Social Work, University of Southern California
- 2008–2011 Research Assistantship, Center on Child Welfare, University of Southern California
- 2007–2009 Provost Fellowship, University of Southern California

## **GRANTS RECEIVED**

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### **Principal Investigator (主持人)**

- 2023 「112 年度高等教育深耕計畫-國際化支持專章」，教育部(主持人:慈濟大學社工系蕭心怡副教授 \$2,300,000)
- 「2023 烏克蘭學生來慈大就讀援助計畫」，慈濟慈善基金會(主持人:慈濟大學國際長蕭心怡副教授 \$5,431,102)
- 「112 年度學海飛颺計畫」，教育部(主持人:慈濟大學國際長蕭心怡副教授 \$1,344,000)
- 2022 「透過服務學習設計增進青銀共融及提升大專學生健康生活識能計畫(110-111 年)-111 年後續擴充」，衛生福利部國民健康署(主持人:慈濟大學社工系蕭心怡副教授 \$3,200,000)
- 「2022 烏克蘭學生來慈大就讀援助計畫」，慈濟慈善基金會(主持人:慈濟大學國際長蕭心怡副教授 \$10,500,000)
- 「111 年強化與東協及南亞國家合作交流計畫-新南向計畫」，教育部 (主持人:慈濟大學國際長蕭心怡副教授 \$1,660,000)
- 「111 年度高等教育深耕計畫-分項二:強化慈濟特色」，教育部(主持人:慈濟大學國際長蕭心怡副教授 \$303,360)
- 「111 年度僑生輔導實施計畫案」，教育部(主持人:慈濟大學國際長蕭心怡副教授 \$57,460)
- 「111 年度學海飛颺計畫」，教育部(主持人:慈濟大學國際長蕭心怡副教授

- \$840,000)
- 2021 「透過服務學習設計增進青銀共融及提升大專學生健康生活識能計畫(110-111年)」，衛生福利部國民健康署(主持人:慈濟大學社工系蕭心怡副教授 \$2,229,076)  
「110年強化與東協及南亞國家合作交流計畫-新南向計畫」，教育部(主持人:慈濟大學社工系蕭心怡副教授 \$1,480,000)  
「110年度高等教育深耕計畫-分項二:強化慈濟特色」，教育部(主持人:慈濟大學社工系蕭心怡副教授 \$\$292,000)
- 2020-2021 「電子煙危害之媒宣素材成效分析計畫」，衛生福利部國民健康署((主持人:慈濟大學社工系蕭心怡副教授 \$97,000)  
「109年度高等教育深耕計畫-分項二:強化慈濟特色」，教育部(主持人:慈濟大學國際長蕭心怡副教授\$495,863)  
「109年度學海飛颺計畫」，教育部(主持人:慈濟大學國際長蕭心怡副教授 \$1,344,000)
- 2019-2020 「花東地區國高中生對於行動APP衛教方式預防未婚懷孕、愛滋病與性病之使用需求評估-質性研究」，慈濟大學個人型研究計畫 ((主持人:慈濟大學社工系蕭心怡副教授 \$100,000)
- Co-Principal Investigator (共同主持人)**
- 2021-2022 「以設計思考模式發展醫學系學生同理心課程模組 Using Design Thinking to Develop Empathy Training Curriculum for Medical Students」，科技部(主持人:花蓮慈濟醫院家醫科謝至鏗主治醫師)
- 2020-2022 「109-110年兒童肥胖防治介入試辦計畫 Intervention Program to Prevent Children Obesity from 2020 to 2021: Exploring Relevant Factors Attributing to Children Obesity in Hualien County」，衛生福利部國民健康署 (主持人:慈濟大學公衛系謝婉華副教授)
- 2020 「幸福談性 On the Go」整合行動衛教與AI手機軟體之研發應用-青少年懷孕、愛滋病防治與性病預防 Mobile Application for Integrated HIV, Sexual Transmitted Illness (STI), and Teen Pregnancy Prevention Intervention among Adolescents, 花蓮慈濟醫院全人照護科部計畫(主持人:花蓮慈濟醫院小兒科張宇勳主任醫師)，\$518,879
- 2018 東台灣罕見疾病照顧模式先驅計畫--使用整合醫療照護手機行動軟體 A Care Model for Rare Disorder Families: Application of Mobile Integrated Care (IRB107-40-B)，衛生福利部國民健康署，\$1,100,000 (PI: Hsinyi Hsiao at USC and 花蓮慈濟醫院遺傳諮詢中心主任朱紹盈主治醫師 Shaoyin Chu at Hualien Tzu Chi Hospital, funded by Health Promotion Administration, Ministry of Health and Welfare, February 2018-December 2018)
- 2014-2017 站上健康雲端計畫 Intergenerational Mobile Technology Opportunities Program (PI: Dr. Shinyi Wu, funded by Taipei Fubon Bank Charity Foundation, July 2014- June 2017, \$45,000,000)
- 2015-2017 Culturally Adapted Curriculum Development for MSW Program at Beijing Normal University (PI: Dr. R. Paul Maiden, funded by Beijing Normal University, January 2015-

May 2017, USD200,000)

**Co-Investigator(協同主持人)**

2018 運用深度學習發展軍中精神衛生智慧手機軟體 Applying Deep Learning to Military Suicidal Prevention: Smart Phone Application (TSGH-BT-109-0X) (PI: 兒青科戴月名醫師 Dr. Yueh-Ming Tai at 三軍總醫院北投分院 Beitou Branch, Tri-Service General Hospital, funded by Tri-Service General Hospital, September 2018-December 2018, \$600,000)

**PROFESSIONAL EXPERIENCE**

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2013–2015 Shared Decision-Making for Breast Cancer Treatment Research Study (Judy Wang at Lombardi Comprehensive Cancer Center at the Georgetown University, September 2013-August 2015)

2013 Factors Affecting Health Literacy among Chinese American Immigrants with Diabetes (Angela Yee Man Leung at University of Hong Kong)

2011 Dementia Care Training Needs among Mental Health Professionals in Beijing (Iris Chi and Yueqin Huang at Peking University Sixth Hospital)

**USC Suzanne Dworak-Peck School of Social Work**

**Research Assistant**

2010–2013 The Impact of Diversity on Individual Outcomes and Organizational Performance: A Meta-Analysis (with Michàlle Mor Barak)

2010 Quality Assessment of Non-RCT Articles (with Iris Chi)

2009 Taiwanese Social Welfare System (with Shu-Chiung Liu at National Taiwan University)

2008–2013 Implementing LEAN Manufacturing Systems in a Cross-Cultural Environment (PI: Ravi Kumar, funded by Nike)

2008–2010 Managing Diversity: Toward a Globally Inclusive Workplace (with Michàlle Mor Barak)

2008 When East Meets West- Employees' Work & Life Balance (with Michàlle Mor Barak)

**USC Center on Child Welfare**

2012–2013 Managing Child Welfare and Human Services Workforce: Diversity, Retention, Supervision, and Work Results from a Decade of Longitudinal, Quantitative, Qualitative and Meta-Analysis Research (with Michàlle Mor Barak)

2007–2010 Supervision and Worker Retention (with Michàlle Mor Barak)

**Department of Children and Family Services (DCFS) in Los Angeles County, University of Southern California, National Taiwan University and Taiwan's Child Welfare Bureau**

**2011 Project Assistant**

A Translational Study: Development and Implementation of SDM System Based Upon DCFS Experience in Taiwan's Child Protective System (with Mitch Mason, Division Officer at DCFS, Jacquelyn McCroskey at USC, Dr. Shu-Chiung Liu at National Taiwan University and Officer Lin at Taiwan's Child Welfare Bureau)

## **PUBLICATIONS**

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### *A. Research Papers – Peer Reviewed*

- Tseng, J. T., **Hsiao, H. Y\***, Yu, P., & Yi, C. (2023). Impact of a nonfamilial intergenerational program with a mobile application on college students' attitudes toward older adults in Taiwan. *Journal of the Society for Social Work and Research* (SSCI 1.8), 14 (2), 365-384.  
<https://doi.org/10.1086/715817>
- Kuo, C. C. L., Saunders, P. A., **Hsiao, H. Y.**, Hsiao, S. H., Han, T., & Judy Huei-yu Wang, J. H. Y. (in press). Discussion of emotions among recently diagnosed non-hispanic White and Chinese American breast cancer patients and their oncologists. *Asian American Journal of Psychology* (SSCI 1.5).
- Huang, E. R., Longcoy, J., Shen, J., Hsiao, S. C., **Hsiao, H. Y.**, Isaacs, C., Sheppard, V.B., & Wang, J. H\*. (2023). Exploring racial differences in treatment decision-making in Chinese immigrant and White American breast cancer patients: the role of patient-provider communication. *Journal of Cancer Education* (SSCI 1.6), 38(1), 66-73.
- Wang, H., Chen L. S., **Hsiao, H. Y.**, Hsiao, S. C., Chang E., Assoumou, B., & Wang, J. (2023). Chinese American and Non-Hispanic White breast cancer patients' knowledge and use of BRCA Testing. *International Research and Public Health*, 20(4), 3384. doi: 10.3390/ijerph20043384
- Wu, J., **Hsiao, H. Y\***, Chen, L., Weng, C. Y., Change, P.S., & Chu, S. Y. (2023). A multiple-stakeholder perspective of patient-provider communication among families with rare diseases in Taiwan through a cross-cultural lens. *International Journal of Communication* (SSCI 1.7), 17(2023), 192-213.
- Hsiao, H. Y.**, Tseng, J. T., Hsu, Y. J., Chen, T., Wang, Y. W., & Kuo, T.A\*. (2022). Effects of design-thinking intergenerational service-learning model on college students: A pilot study in Taiwan. *Research on Social Work Practice* (SSCI 1.8). doi:10.1177/10497315221146189
- Hsiao, H. Y.\*** (2022). A cross-cultural study of organizational work-family initiatives, work demands and conflict, and job-related outcomes among working parents across 24 Countries. *Cross-Cultural Research* (SCI 2.5), 56(2-3), 268-300. doi.org/10.1177/10693971221075208
- Chang, Y. C., Hsieh, W. H., Huang, S. F., **Hsiao, H. Y.**, Wang, Y. W., Chu, C. H., & Wen, S. H\* (2021). Sex-specific temporal trends in overweight and obese Among schoolchildren from 2009 to 2018: An age period cohort analysis. *Frontiers in Pediatrics* (SCIE 2.6), 9, 615483. doi: 10.3389/fped.2021.615483
- Yu, K., Wu, S., Lee, P. J., Wu, D. A., **Hsiao, H. Y.**, Tseng, Y. C., Wang, Y. W., Chen, C. F., Wang, Y. H., Lee, S. P., & Chi, I\*. (2020) Longitudinal effects of an intergenerational mhealth program for older type 2 diabetes patients in rural Taiwan. *Diabetes Educator* (SSCI 3.9), 46(2), 206-216.
- Hsiao, H. Y\***, Hsu, C. T., Chen, L., Wu, J., Chang, P. C., Lin, C. L., Lin, M. N., Ling, T. K. (2020). Environmental volunteerism for social good: A longitudinal study of older adults' health. *Research on Social Work Practice* (SSCI 1.8), 30(2), 233-245. doi: 10.1177/1049731519892620
- Hsiao, H. Y.**, Yi, C., Yu, P., Tseng, T., Kuo, S., Hu, Y. H., Ko, Y., Chi, I\*, & Wu, S. (2020). Health awareness, attitudes, and behaviors among young-adult tutors in the Intergenerational Mobile

- Technology Program in Taiwan. *Journal of the Society for Social Work and Research* (SSCI 1.8), 11(1), 83-102.
- Traube, D. E., **Hsiao, H. Y.**, Rau, A., Hunt-O'Brien, D., Lu, L., & Islam, N. (2019). Advancing home based parenting programs through the use of telehealth technology. *Journal of Child and Family Studies* (SSCI 2.1), 29(4), 44-53. doi: <https://doi.org/10.1007/s10826-019-01458-w>
- Zhao, Q., Kim, E., Li, W., **Hsiao, H. Y.**, & Rice, E. (2018). Incarceration history, social network composition, and substance use among homeless youth in Los Angeles. *Journal of Addictive Disease* (SSCI 2.3), 37(1-2), 64-76.
- Xu, L., **Hsiao, H. Y.**, Denq, A., & Chi, I. (2018). Training needs for dementia care in China from the perspectives of mental health providers: Who, what and how? *International Psychogeriatrics* (SSCI 7.0), 30(7), 929-940.
- Mor Barak, M. E., Lizano, E. L., Kim, A., Duan, L., Rhee, M. K., **Hsiao, H. Y.**, & Brimhall, K. C. A. (2016). The promise of diversity management for climate of inclusion: A state-of-the-art review and meta-analysis. *Human Service Organizations: Management, Leadership, & Governance* (SSCI 1.044), 1-29. doi:10.1080/23303131.2016.1138915
- Hsiao, H. Y.**, Liu, Z., Xu, L., Huang, Y., & Chi, I. (2016). Knowledge, attitudes, and clinical practices for patients with dementia among mental health providers in China: City and town differences. *Gerontology & Geriatrics Education* (ESCI 1.6), 37(4), 342-358. doi:10.1080/02701960.2014.990152
- Hsiao, H. Y.** & Mor Barak, M. E. (2014). Job-Related Stress, Social Support, and Work-Family Conflict among Mexican Workers in a multinational company: A Case Study of a Korean-owned, US-branded Former "Sweatshop" in Mexico. *International Journal of Social Welfare* (SSCI 1.9), 23(3), 309-320. doi: 10.1111/ijsw.12065
- Hsiao, H. Y.**, Xu, L., Chi, I., & Silverstein (2014). Does productive role occupancy prevent depression among older rural Chinese adults? A latent difference score analysis. *Aging and Mental Health* (SSCI 3.4), 18(1), 51-58. doi: 10.1080/13607863.2013.771614
- Leung, A. Y. M., Bo, A., **Hsiao, H. Y.**, Wang, S. S., & Chi, I. (2014) Health literacy issues in the care of Chinese American immigrants with diabetes: A qualitative study. *BMJ Open* (SCIE 2.9), 4(11), 4:e005294. doi:10.1136/bmiopen-2014-005294.
- Lizano, E. L., **Hsiao, H. Y.**, Mor Barak, M. E., & Casper, L. M. (2014). Support in the workplace: Buffering the deleterious effects of work-family conflict on child welfare workers' well-being and job burnout. *Social Service Review* (SSCI 2.0), 40 (2), 178-188. doi:10.1080/01488376.2013.875093
- Xu, L., Wu, B., Chi, I., & **Hsiao, H. Y.** (2012). Intensity of grandparent caregiving and life satisfaction among older rural Chinese adults: A longitudinal study using latent different score analysis. *Family and Community Health* (SSCI 2.3), 35(4), 287-299. doi: 10.1097/FCH.0b013e31826665d0

### *B. Book Chapters*

- Hsiao, H. Y.**, Hsu, H. T., Boudreaux, D., & Ting, A. (2019). Global grassroots green movement driven by Tzu Chi Foundation's recycling volunteers: A multifaceted model of environmental sustainability with transformative social changes. In A. Chong & I. Chi (Eds.), *Social Work and Sustainability in Asia: Facing the Challenges of Global Environmental Changes*. New York: Routledge.
- Li, M., Hagedorn, A., Pan, L., **Hsaio, H.Y.**, Chi, I. & Wu, S. (2018). Obstacles of utilizing a self-management App for Taiwanese Type II diabetes patients. In J. Zhou and G. Salvendy (eds.) *Human aspects of IT for the aged population. Applications in health, assistance, and entertainment*. Springer International Publishing AG, part of Springer Nature. doi: 10.1007/978-3-319-92037-5\_7

### *C. Reports*

- Mor Barak, M. E., Travis, D.J., Pyun, H., **Hsiao, H. Y.**, Rhee, M. K., Lizano, E. L., & Kim, A. (2009). Retaining and engaging child welfare workers: Findings from 9 Years of longitudinal, quantitative and qualitative studies of child welfare worker retention. USC Center on Child Welfare, Los Angeles, CA.

### *D. Research Papers – Under Peer Review/In Revision*

- Hsiao, H. Y.** Do National Family-Friendly Policy Bundles Reduce Working Parents' Work–Family Conflict? A Multilevel Study across 24 Countries. (under review – *PLOS ONE*)
- Hsiao, H. Y.** Personality, Work–Family Conflict, and Well-Being at Work in a Cross-Cultural Context across 14 Countries. (under review – *Human Resource Management*)

## **PRESENTATIONS**

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### *Peer Reviewed*

- Hsiao, H. Y.**, Kuo, T. A., Hsu, Y. J., Wu, C. C., & Chen, T., & Wang, Y. W. (2022). An Intergenerational Program Using Design Thinking Approach to Improve Intergenerational Relationship and Well-Being for Young and Old Generations: A Mixed-Methods Study. Oral presentation at 8th AHLA International Conference, Chang Hua, Taiwan.
- Hsiao, H. Y.**, Kuo, T. A., Hsu, Y. J., Wu, C. C., & Chen, T. (2022). Improving intergenerational relationships with older adults through university service learning curriculums: A pilot study in Taiwan. Poster presentation at 24th International Union for Health Promotion and Education (IUHPE) World Conference, Montreal, Canada.
- Hsiao, H. Y.**, Hsu, H. T., Chang, P. C., Lau, S. B., Lin, Y. J., & Wu, N. C. (2021) Barriers to promote teenage pregnancy prevention program among at-risk indigenous adolescents in rural schools. Oral presentations at 2021 Annual Conference of the Society for Social Work and Research (SSWR).
- Hsiao, H. Y.**, Hsu, H. T., Boudreaux, D., & Ting, A. (2019). Global grassroots green movement driven

by older Tzu Chi's recycling volunteers: A multifaceted model of environmental sustainability with transformative social changes in the Asia-Pacific region. Oral Presentation Presented at The Gerontological Society of America's 2019 Annual Scientific Meeting, Texas.

- Hsiao, H. Y.**, Hsu, C. T., Chen, L., Wu, J., Chang, P. C., Lin, C. L., Lin, M. N., Ling, T. K. (2019). Compassion-based environmental volunteerism among older adults: A case study of Tzu Chi Recycling Program (TCRP) for disaster relief efforts. Oral Presentation Presented at The Gerontological Society of America's 2019 Annual Scientific Meeting, Texas.
- Hsiao, H. Y.**, Chu, S. Y. Wu, J., Chen, L., Chang, P. S., Weng, C. Y., Wong, T. Y., & Lin, F. (2019). A Pilot Study of mHealth with Home Visitation for Rare Disease Families in Rural Areas. Oral Presentation Presented at 2019 American Public Health Association, Philadelphia.
- Hsiao, H. Y.**, Wu, J., Chang, P. S., Chen, L., Chen, N. T., Hou, W. H., Weng, C. Y. & Chu, S. Y. (2019). Understanding Challenges of Patient-Physician Communication and Needs for Patient-Centered Mobile Application among Vulnerable Families with Rare Diseases: A Qualitative Study in Taiwan. Oral Presentation Presented at the 5<sup>th</sup> Biennial D.C. Health Communication Conference, Virginia.
- Yu, K., Wu, S., Lee, P. J., **Hsiao, H. Y.**, & Chi, I. (Nov, 2018). Longitudinal Effects of mHealth Program for Older Adults with Diabetes in a Rural Area in Taiwan. Oral Presentation Presented at 2018 Annual Conference of the American Public Health Association, San Diego, CA.
- Yu, K., Wu, S., Lee, P. J., **Hsiao, H. Y.**, & Chi, I. (Nov, 2018). Effects of a mHealth Intervention for Older Adults with Diabetes in a Rural Area in Taiwan: Difference in Differences Comparisons. Poster Presentation Presented at 2018 Annual Conference of the American Public Health Association, San Diego, CA.
- Hsiao, H. Y.**, Yu, P., Yi, C., Lee, P. J., Chi, I., & Wu, S. (Jan, 2018). Differences and Similarities in Youth Development, Health Promotion, Purpose in Life, Usage of Internet and Intergenerational Relationship among College Students in Healthcare-Related and Non-Related Majors in Taiwan. Oral Presentation Presented at 2018 Annual Conference of the Society for Social Work and Research, Washington, DC.
- Yu, K., Wu, S., Chi, I., **Hsiao, H. Y.**, Lee, P. J., & Lin, J. P. (Jan, 2018). The Effects of Family Relationship on the Technology Usage among Older Adults with type-2 diabetes. Oral Presentation Presented at 2018 Annual Conference of the Society for Social Work and Research, Washington, DC.
- Liu, R., Kexin, Y., Wu, S., Chi, I., **Hsiao, H. Y.**, Lee, P. J. (Jan, 2018). The Impact of Diabetes Self-Management Mobile Technology Application Usage on Self-Care Behaviors among Older Adults. Oral Presentation Presented at 2018 Annual Conference of the Society for Social Work and Research, Washington, DC.
- Chi, I., Wu, S., **Hsiao, H. Y.**, & Lee, P. J. (July, 2017). The Effects on Health and Well-being of Older Diabetes Patients Using IMTOP Mobile App in Taiwan. Oral Presentation Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Hsiao, H. Y.**, Chen, Y., Ho, C. Y., Sun, Z., Wu, S., & Chi, I. (July, 2017). How Youth Adults Changed Attitudes toward aging and Health through IMTOP Volunteering Experience. Oral Presentation



- Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Hsiao, H. Y.**, Wu, S., Ho, C. Y., Chen, Y., Sun, Z., & Chi, I. (Jan, 2017). Assessing the Effectiveness of Volunteering in a Diabetes Self-Management Technology Program on Youth's Health Awareness and Prevention of Chronic Illness. Oral Presentation Presented at 2017 Annual Conference of the Society for Social Work and Research, New Orleans, LA.
- Yu, K., Wu, S., Chi, I., **Hsiao, H. Y.**, & Lee, P. J. (July, 2017). Longitudinal Effects of an Intergenerational Mobile Technology Program on Older Diabetes Patients. Poster Presentation Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Li, M. F., Hagedorn, A., Chuan, T. Y., Wu, S., **Hsiao, H. Y.**, Chi, I., & Lee, P. J. (July, 2017). Analysis of Obstacles and Motivations Found Utilizing a Diabetes Health App for Older Patients. Oral Presentation Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Ling, X., **Hsiao, H. Y.**, Denq, W., & Chi, I. (July, 2017). Training Needs and Education for Dementia Care in China: The Perspectives of Mental Health Providers. Poster Presentation Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Wu, S., **Hsiao, H. Y.**, Chi, I., & Lee, P. J. (July, 2017). Development of a Diabetes Self-Management App and Analysis of Usage Patterns among Older Patients. Oral Presentation Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Wu, S., **Hsiao, H. Y.**, Chi, I. (July, 2017). Research Design of the Intergenerational Mobile Technology Opportunities Program (IMTOP) in Taiwan. Oral Presentation Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Wu, S., **Hsiao, H. Y.**, Tseng, Y. C., & Lee, P. J. (Jan, 2017). Supporting Diabetes Self-Management among Older Adults through Mobile Technology Application and Intergenerational Support: IMTOP Program Design and Effectiveness. Oral Presentation Presented at 2017 Annual Conference of the Society for Social Work and Research, New Orleans, LA.
- Chi, I., Wu, S., **Hsiao, H. Y.**, & Lee, P. J. (Nov, 2016). The Effects of IMTOP on the Well-Being of Older Diabetes Patients in Taiwan: Preliminary Findings. Oral Presentation Presented at The Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans.
- Hsiao, H. Y.**, Wu, S., Ho, C. Y., Chen, Y., Sun, Z., Chi, I., & Lufei, X. (Nov, 2016). The Effects of IMTOP on Young Volunteers' Attitudes Toward Older Adults and Self Improvement. Oral Presentation Presented at The Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans.
- Wang, S., Wu, S., **Hsiao, H. Y.**, Chi, I., & Lee, P. J. (Nov, 2016). The IMTOP Diabetes App: Evaluation of Application Development and Analysis of Usage Pattern. Oral Presentation Presented at The Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans.
- Wu, S., **Hsiao, H. Y.**, & Chi, I. (Nov, 2016). Intergenerational Mobile Technology Opportunities Program in Taiwan: Program and Research Design. Oral Presentation Presented at The Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans.
- Hsiao, H. Y.** & Hsiao, S. H. (July, 2015). DaAi TV: Creating Global Sustainable Community through

Integration of Social Enterprise Model, Recycling, and Media. Oral Presentation Presented at the 19<sup>th</sup> international Symposium of the International Consortium for Social Development, Singapore.

- Hsiao, H. Y.**, Hsiao, S. C., & Wang, J. (January, 2015). Comparisons of Physician-Patient Communication and Shared Decision-Making Process for Treatment between Chinese and Non-Hispanic White Women Breast Cancer Survivors: A Mixed-Method Study. Oral Presentation Presented 2015 Annual Conference of the Society for Social Work and Research, New Orleans, LA.
- Murali, N., Hsiao, S. C., & **Hsiao, H. Y.** (July, 2015). Indigenous Leadership: Transfer of Social Technology to Modern Management in Human Service. Oral Presentation Presented at the 19<sup>th</sup> international Symposium of the International Consortium for Social Development, Singapore.
- Mor Barak, M. E., Lizano, E. L., Kim, A., Duan, L., Rhee, M. K., **Hsiao, H. Y.**, & Brimhall, K. C. (January, 2014). A Meta-analysis of Beneficial and Detrimental Outcomes of Organizational Diversity and Climate of Inclusion in Human Service Organizations. Oral Presentation Presented at 2014 Annual Conference of the Society for Social Work and Research, San Antonio, TX.
- Hsiao, H. Y.**, Lizano, E. L., & Mor Barak, M. E. (January, 2013). Latent Difference Score Approach to Longitudinal Work-Family Conflict and Mental Health Research on Child Welfare Workers. Oral Presentation Presented at 2013 Annual Conference of the Society for Social Work and Research, San Diego, CA.
- Hsiao, H. Y.**, Xu, L., & Chi, I. (Nov, 2012). Training Needs of Dementia Care among Community Mental Health Practitioners in Beijing, China. Oral Presentation Presented at The Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, CA.
- Hsiao, H. Y.**, Xu, L., Chi, I., & Silverstein, M. (January, 2012). Multiple Role Occupancy and Material Support As Protective Factors for Chinese Older Adults' Psychological Well-Being: A Longitudinal Study Using Latent Growth Curve Analysis. Oral Presentation Presented at 2012 Annual Conference of the Society for Social Work and Research, Washington, DC.
- Hsiao, H. Y.** & Mor Barak, M. E. (January, 2012). Work Resources, Work Stress, Work-Family Conflict and Their Consequences at Work Among Garment Workers in Mexico: A Mixed Methods Study. Oral Presentation Presented at 2012 Annual Conference of the Society for Social Work and Research, Washington, DC.
- Hsiao, H. Y.**, Xu, L., Chi, I., & Silverstein, M. (August, 2011). Trajectories of Productive Roles and Depression among Chinese Rural Elders: Analysis of Individual Growth Curves. Oral Presentation Presented at Productive Aging in China: Toward Evidence-Based Practice and Policy, Beijing, China.
- Hsiao, H. Y.** & Mor Barak, M.E. (March, 2011). A Missing Voice in Globalization: Work-family Challenges Faced by Female Garment Workers in Family-Unfriendly Work Climate in Mexico. Oral Presentation Presented at Fourth Conference on International Social Work, Los Angeles, CA.
- Hsiao, H. Y.**, Rhee, M. K., & Mor Barak, M. E. (March, 2011). Discrepancy of Cross-Cultural Communication Perceptions between Low-Skilled Mexican Workers and Their Expatriate

Superiors in a Sweatshop in Mexico. Oral Presentation Presented at Fourth Conference on International Social Work, Los Angeles, CA.

**Hsiao, H. Y.**, Casper, L. M., & Mor Barak, M.E. (January 2011). The Impact of Perceived Organizational Support on the Relationship between Work-Family Conflict and Psychological Well-Being among Public Child Welfare Workers. Poster Presented at 2011 Annual Conference of the Society for Social Work and Research, Tampa, FL.

**Hsiao, H. Y.** & Mor Barak, M.E. (January 2011). The Impacts of Work and Non-work Social Support on Work Stress and Work-Family Conflict among Low-Wage and Low-Skilled Mexican Workers. Oral Presentation Presented at 2011 Annual Conference of the Society for Social Work and Research, Tampa, FL.

**Hsiao, H. Y.** & Mor Barak, M.E. (June 2010). Social Workers' Roles in Corporate Social Responsibility Agenda: Human Rights, Social Justice, and Employees' Well-Being. Oral Presentation Presented at 2010 Joint World Conference on Social Work and Social Development: The Agenda, Hong Kong, China.

Mor Barak, M.E., **Hsiao, H. Y.**, & Rhee, M. K. (June 2010). Sustainable Cross-Cultural Relationships in a Global Enterprise: Corporate Social Responsibility Agenda in a Low-Wage and Low-Skilled Workplace. Poster presented at 2010 Joint World Conference on Social Work and Social Development: The Agenda, Hong Kong, China.

#### ***Invited***

Wu, S., **Hsiao, H. Y.**, Chi, I., & Tseng, Y. (Dec, 2016). Intergenerational Mobile Technology Opportunities Program in Taiwan. *Ministry of Health and Welfare*, Taipei, Taiwan

**Hsiao, H. Y.** (November, 2016). Implications of Diabetes Self-Management Technology Program for Telecare in Taiwan. *ASUSTeK Computer Inc.*, Taipei, Taiwan.

**Hsiao, H. Y.** (October, 2016). Aging in China and Taiwan: Trends, Challenges, and Opportunities. *USC US-China Institute*, Los Angeles, CA

**Hsiao, H. Y.** (December, 2015). Youth Empowerment, Volunteerism, and Career Development. *UMC Science and Culture Foundation*, Hsinchu, Taiwan

**Hsiao, H. Y.** (December, 2015). Transformative Social Changes through Community-Based Services. *DA.AI Technology*, Taipei, Taiwan.

**Hsiao, H. Y.** (January, 2015). Global Education and Career Development at University of Southern California. *Chung Shan Medical University*, Taichung, Taiwan.

**Hsiao, H. Y.** (December, 2012). Caregiving Needs for Older Adults with Dementia in China. *Anhui University*, Anhui, China.

**Hsiao, H. Y.** (October, 2012). Multiple Role Occupancy as a Protective Factor for Chinese Older Adults' Psychological Well-Being: A Longitudinal Study Using Latent Growth Curve Analysis. *Academia Sinica*, Taipei, Taiwan.

**Hsiao, H. Y.** (September, 2011). Suicide Prevention. *Tzu Chi Medical Foundation*, South El Monte, CA.

## **TEACHING INTERESTS**

Intergenerational program; Social change and innovation; Social work and business settings; Work and life balance; Research methods; Productive aging; Program development; Evaluation and training; Human behavior and the social environment

## **TEACHING EXPERIENCE**

### ***Tzu Chi University***

2019-present Instructor

*International Social Work* 國際社會工作專題

*English Studies for Social Work Students* 社會工作英文選讀

*Introduction to Social Work Practicum* 實習導論

*Program Design and Evaluation* 方案設計與評估

*Human Behavior and Social Environment* 人類行為與環境

*Mobile Technology for Social Good* 行動科技與公益

*Service Learning: Intergenerational Program for Health Promotion* 服務學習-青銀共融與代間健康促進

*Service Learning: Language Exchange Partners for Refugee Students* 國際難民學生語言交換學伴服務學習

*Practicum in School Counseling* 學校輔導工作實習

Co-Instructor

*Introduction to Humanities and Social Sciences* 人文社會學導論

*Medical Humanity* 醫學人文

*Career Planning for English Major* 英語職涯規劃

*Tzu Chi Humanities and Service Learning*

*Education for Life* 慈濟人文暨服務教育

### ***USC Suzanne Dworak-Peck School of Social Work***

2018 Instructor, *Science of Social Work* (SOWK546)

2016 Instructor, *Social Work and Business Settings* (SOWK672)

2013–2014 Instructor, *Research in Social Work* (SOWK562)

Instructor, *Human Behavior and the Social Environment* (SOWK503)

2012 Guest Lecturer, *Productive Aging* (SOWK653)

2011 Co-Instructor, *Social Work with Older Adults* (SOWK599)

2010 Teaching Assistant, *Proposal Writing, Program Development, Evaluation, and Training in Work Organizations and in Military-Related Settings* (SOWK673)

2009 Teaching Assistant, *Taiwan Social Welfare System*

### ***Beijing Normal University***

2016-2018 Guest Lecturer, *Social Work and Business Settings*

## **CERTIFICATES**

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- 2002 Professional Diploma Program in Business Administration, University of California, Berkeley Extension, Berkeley
- 1998 Certificate of Middle High School English Teacher, Taiwan

## **ADVANCED TRAINING**

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- 2012 Problem Solving Therapy, Hamovitch Center for Science in the Human Services, University of Southern California
- Motivational Interviewing Training, Hamovitch Center for Science in the Human Services, University of Southern California
- Hierarchical Linear Modeling Workshop, National Taichung University of Science and Technology, Taichung, Taiwan
- 2009 ICPSR Summer Program in Quantitative Methods of Social Research, University of Michigan, Ann Arbor

## **SERVICE ACTIVITIES**

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### ***USC Suzanne Dworak-Peck School of Social Work***

- 2018 Member, MSW Admissions Review Committee
- 2016– Member, Faculty Development Committee
- 2016 Facilitator, Leadership Training Workshops for Managers in Human Service Organizations in China Hosted by Network for Social Work Management and School of Social Development and Public Policy at Beijing Normal University
- 2015 Member, Annual Performance Review Committee, Community, Organization, and Business Innovation Department
- 2013– Member, research cluster on Management, Organizations and Policy Transformation
- 2013– Member, Community, Organization, and Business Innovation Department
- 2011–2018 Liaison, Field Placement between Suzanne Dworak-Peck School of Social Work at USC, Tzu Chi Medical Centers (in Alhambra and South El Monte) and Charity Department in San Dimas
- 2008–2009 Co- Chair of Doctoral Student Association

### ***USC University Service***

- 2013– Faculty advisor, Tzu Chi Collegiate Youth Club (Tzu Ching Trojans)
- 2012–2013 Treasurer, Tzu Chi Collegiate Youth Club (Tzu Ching Trojans)
- 2012 Co-Founder and Officer of Activity Planning, Tzu Chi Collegiate Youth Club (Tzu Ching Trojans)

## ***Community Service***

### ***Los Angeles, CA***

- 2018– Board Member for Tzu Chi Medical Foundation, USA  
Camp Fire Street fundraising and Disaster Outreach
- 2017– Consultant for Charity Development Department for Buddhist Tzu Chi Foundation, USA  
Headquarters
- 2017–12 Mexico Earthquake Disaster Outreach  
Ventura Wild Fire Disaster Outreach
- 2017–9 Street Fund Raising in San Gabriel Valley for Hurricane Harvey Flooding Survivors  
Tzu Chi Annual Charity Concert: Thousands of Helping Hands at Microsoft Theater
- 2013– Regional Advisory Board Member for Tzu Chi Collegiate Youth Club Activities in  
Southern California (Eight Chapters including USC, UCLA, UC San Diego, UC Irvine,  
UC Riverside, Cal State Northridge, Cal State Fullerton, and Cal State Long Beach)
- 2013– Monthly Visits to Live Oak Rehabilitation Center in San Gabriel
- 2012– Tzu Chi Annual Charity Concert: Blessing for the World on San Dimas campus
- 2013– Benefits of Vegetarianism: Human Health, Animal Welfare and Environmental  
Sustainability Organized by USC Tzu Ching Chapter on UPC campus
- 2014 Seal Beach Cleanup  
Street Fund Raising in San Gabriel Valley for Nepal Earthquake Survivors
- 2013 Free Medical Outreach in Bakersfield Organized by Tzu Chi Medical Foundation
- 2012 Tzu Chi Flower Arrangement: To See the World through Flower on UPC Campus  
Free Medical Outreach in San Bernardino organized by Tzu Chi and Care 4 a Healthy  
I.E.  
Free Medical Outreach in Rosemond Organized by Tzu Chi Foundation  
Garbage to Gold: Fight on for Earth Day 2012 Organized by USC Tzu Ching Chapter on  
UPC Campus
- 2011 Outreach Organized by Tzu Chi for “A Free Vegetarian Thanksgiving Meal for the Needy  
in the Community”  
Fundraising for Japan 311 Tsunami Survivors  
Free Medical Outreach Organized by Tzu Chi and CareNow LA
- 2010 Free Medical Outreach Organized by Tzu Chi and Modern House Call for Women
- 2009 Grant Reviewer for Low-Income Youth Scholarship, Tzu Chi Foundation

### ***San Diego, CA***

- 2007–2011 Emergency Social Relief for Wildfire Survivors

### ***San Francisco, CA***

- 2007–2001 Town Hall Meeting with Mayor Gavin Newsom for Ending Chronic Homelessness,  
Richmond Recreation Center.
- 2006–2012 Homeless Blanket and Jacket Distribution  
John Muir Elementary School Winter Distribution for Low Income Families  
San Francisco Otis Shelter Blanket Distribution

- George Washington Elementary School Winter Distribution for Low Income Families
- 2006–2006 Monthly Homeless Hot Meal Service
- 2006–2009 Disaster Preparedness Expo: A Lesson Learned from Katrina, Jack London Square, Oakland  
San Francisco Food Bank
- 2006–2007 Instructor, Tzu Chi Academy
- 2004–2006 Annual San Francisco Chinatown Clean up
- 2004 19<sup>th</sup> Avenue Healthcare Center Home Visit

### **Taiwan**

- 2005 Assisting Manufacturing Eco-Friendly Blankets for South Asia Tsunami Survivors, Taipei
- 2002 Assisting Manufacturing Eco-Friendly Blankets for Afghanistan Disaster Survivors, Taipei
- 2001 Disaster relief service for Nari Hurricane Survivors, Taipei
- 2001 Oral Interpreter for World Religious Cooperation Conference, Taipei
- 2000 Disaster relief service for September 21 Earthquake survivors, Nantou County
- 2000 Hostess, 21<sup>st</sup> Century First International Buddhist Youth Forum - Vision and Leadership, Chinese Youth Buddhist Association, Taipei
- 1993–1997 Founder and President, Tzu Chi Collegiate Youth Club (Chiayi Chapter), National Chung Cheng University, Chiayi
- 1991–1992 Vice President of Student Union, Ginling Girls' High School, New Taipei County

### **Manuscript Reviewer**

- 2019– Reviewer, *Research on Social Work Practice*
- 2017– Reviewer, *Gerontology and Geriatric Medicine*
- 2012– Reviewer, *Aging and Mental Health*
- 2009–2012 Reviewer, *International Journal of Social Welfare*

### **PROFESSIONAL MEMBERSHIP**

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- 2016– Member, Work and Family Researchers Network
- 2007– Member, Society for Social Work and Research
- 2007– Member, Gerontological Society of America

### **MEDIA**

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DaAi TV, November 17, 2023. Intergenerational Program for Service Learning Course at Tzu Chi University. <https://youtu.be/sp5NAHSNTNc>

DaAi TV, January 15, 2016. *Intergenerational mobile technology opportunities program (IMTOP) for diabetes patients*. <http://www.daai.tv/daai-web/news/content.php?id=970112>

DaAi TV, September 22, 2016. *Young volunteers teaching older adults using tablets for self-care management*. <http://www.daai.tv/daai-web/news/content.php?id=983091>